



Pasta East to West: A Vegetarian World Tour (Healthy World Cuisine)

Nava Atlas

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Go on a culinary odyssey into the world of pasta and noodles. This collection of recipes by renown vegetarian cookbook author Nava Atlas helps you explore different types of noodles from Asia (where pasta was invented), try nifty shapes you may not be familiar with, as well as experience flavored favorites (lemon-pepper or tomato-basil) and new blends of wheat pastas (artichoke, kamut, spelt). While finding new inspiration for meatless pasta combinations, you'll be treated to captivating line drawings and sprinklings of food witticisms.

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