



# Pa: Fet a casa i amb el gust de sempre (Catalan Edition)

*Xavier Barriga*

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**Com trobem a faltar aquell gust inconfusible del pa acabat de fer!**

**Doncs pot ser ja és hora que recuperem un dels nostres aliments bàsics -un ingredient que no pot faltar en cap dieta equilibrada- i tornem a gaudir d'un gust i unes aromes ben entranyables, que ens fan retrobar el caliu de casa.**

Xavier Barriga, mestre pastisser respectuós amb la tradició i alhora innovador, ens proposa que retornem a l'elaboració artesanal del pa a casa, amb una col·lecció de receptes explicades i il·lustrades pas a pas, a l'abast de tothom.

Des de pans rústics, panades, pans integrals, amb fruita seca o llavors, fins a pans d'altres països, pans dolços o les peces clàssiques de la brioixeria; en aquest llibre trobareu tot allò que cal saber per elaborar un pa sa i de qualitat, un pa que té gust de pa, el gust de sempre.

Tot explicat amb un llenguatge clar, il·lustrat amb esclaridores imatges pas a pas, i amb solucions pràctiques i efectives als principals problemes que poden sorgir en qualsevol de les fases d'elaboració del pa. A més, el llibre dedica un capítol especial als celíacs i a altres intoleràncies.

**Seguint les senzilles instruccions d'aquest llibre obtindràs un pa bo, apetitós i sobretot sa, molt sa.**

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