



IAM and EGO: Understanding the Ego: Secret to Happiness, Peace of Mind and Prosperity

JB Chip

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What is keeping you from achieving your goals? From being happy?

Your Ego.

In this book, the author turns the Self and the Ego into a merdog and a sea serpent, to help you assimilate the information without your own Egos protesting and rejecting the ideas presented.

Understanding the Ego, and how it affects your life and behavior, will help you break away from the habits and mindsets that are keeping you from living the life that you want and deserve.

Once you understand how the Ego works, you will stop feeling victimized by life and circumstances, and return to your true and powerful Self.

Follow the author on her journey, and discover what successful people have always known...That your life and happiness are in your hands.

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