



Going Long: Legends, Oddballs, Comebacks & Adventures

The Editors of Runner's World, David Wiley

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For more than 40 years, *Runner's World* magazine has been the world's leading authority on running--bringing its readers the latest running advice and some of the most compelling sports narratives ever told. From inspirational stories such as "A Second Life"(the story of Matt Long, the FDNY firefighter who learned to run again after a critical injury) to analytical essays such as "White Men Can't Run" (a look at what puts African runners at the front of the pack), the magazine captivates its readers every month.

Now, for the first time, the editors of *Runner's World* have gathered these and other powerful tales to give readers a collection of writing that is impossible to put down.

With more than 40 gripping stories, *Going Long* transcends the sport of running to reach anyone with an appetite for drama, inspiration, and a glimpse into the human condition.

This special e-book edition includes five essays not available in the print edition that capture new dimensions of the inspiration, adventure, and unfettered spirit of running. It does not include "Secrets of the Tarahumara" from the original print edition.

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