



# **Biscotti & Other Low Fat Cookies: 65 Tempting Recipes for Biscotti, Meringues, and Other Low-Fat Delights**

*Maria Robbins*

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Low in fat and calories, crunchy, satisfying biscotti are the perfect cookie for today's "light" way of eating. Whether you dunk them in a steaming cup of coffee in a crowded cafe, savor them with wine by firelight, or relax in the afternoon with a plateful and a mug of hot tea, you'll want this outstanding collection of tempting delights.

Biscotti are easy to make, and in *Biscotti & Other Low Fat Cookies* Maria Robbins has developed more than 50 biscotti recipes that feature only the most tantalizing flavor combinations. Besides biscotti, this book also features an array of addictive meringue cookies that have no fat and fewer calories (only 15 to 20 calories per cookie), and a handful of savory low-fat cookies that contain no sugar. These soft, chewy mouthfuls will complement any cookie tray full of biscotti.

Recipes include:

- Double chocolate almond biscotti
- Ginger raisin biscotti
- Oatmeal caraway biscotti
- Espresso biscotti
- Pignoli biscotti
- Spicy currant biscotti
- Orange poppy-seed biscotti
- Crispy gingersnaps
- Lime meringue kisses
- Citrus-glazed lebkuchen
- And more.

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