



The 7 Secrets of Sound Healing

Jonathan Goldman

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What if sound could be used to heal and transform? Now Sound Healing pioneer **Jonathan Goldman** reveals how it can! Through practical information and exercises, you'll see how the amazing power of sound functions as personal vibrational therapy for enhancement of mind, body, and spirit.

This book provides a basic understanding of the principles of using sound as a healing modality, and how it may be used to restore balance. It combines the ancient wisdom of how sound can heal and transform, with the modern understanding of the science of sound, where quantum physicists echo the revelations of the sacred texts that declare: "Everything is sound!"

Secrets of Sound Healing explores the many different therapies that use sound to heal and transform, including ancient, modern, and futuristic methods, and features a practical application of knowledge and techniques that will assist you in leading a more harmonious life. An audio download link of recorded examples by Jonathan is included within the book, which offers a solid foundation for discovering how sound and music can be utilized to benefit and enrich your life.

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