



# **Your Green Abode: A Practical Guide to a Sustainable Home**

*Tara Rae Miner*

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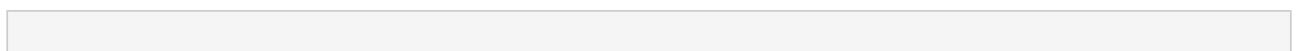
- A down-to-earth guide to giving your home, condo, or apartment an eco-makeover.
- Promotes conservation practices for any home.
- Provides tips that save money as well as carbon emissions.
- Real-world advice for busy people on a budget.

This sustainable home primer covers ways to green your home from lawn to rooftop, focusing on accessible eco-friendly improvements for any dwelling--from a cement-walled urban apartment to a turn-of-the-century manse. *Your Green Abode* is filled with advice on green living, DIY green re-modeling, and green gardening.

Author Tara Rae Miner

encourages readers to start small, do what interests them, and handle only what they can afford. The process of greening a home is the process of getting to know a home, and Miner guides readers through different areas, distilling research and advice on everything from window and paint options to more effective ways to recycle to the benefits of planting a garden. With chapters on the home-planet connection, saving energy, and setting policies for a "Personal Clean Air Act," she presents important information on reducing energy bills, ways to measure your "carbon houseprint," and how to eliminate toxic chemicals from your life (be gone, vinyl shower curtains!).

*Your Green Abode* is for real people who want easy-to-understand choices that make their homes a little more earth-friendly--without signing off on a second mortgage. It's about having realistic expectations and goals, and keeping a sense of humor while learning what makes a home tick.



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