



Energie-Vampire: erkennen - meiden - abwehren (German Edition)

Maryan Stone

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Ein Schutzschild für die Seele

Wir alle besitzen eine natürliche Antenne dafür, ob die Ausstrahlung von Menschen, Räumen und Situationen positiv oder negativ ist. Aber längst nicht jeder hat die Fähigkeit, sich vor negativen Energien zu schützen. Das Resultat: Wir fühlen uns verunsichert – oft sogar geht unser Energielevel gegen Null. Verblüfft stellen wir fest, dass wir uns geschwächt und irgendwie »ausgesaugt« fühlen.

Dieses Buch enthält die neuesten Erkenntnisse und Abwehrmöglichkeiten gegenüber bewussten und unbewussten Energievampiren, die uns überall im modernen Alltag umgeben.

- Mit großem Energie-Vampire-Test: Finden Sie heraus, wo, wann und durch wen Sie energetisch ausgesaugt werden
- Psychologische Gegenmaßnahmen: Die besten Abwehrstrategien konventioneller Art
- Esoterische Gegenmaßnahmen: Spezielle Techniken für besondere Fälle
- Wie Sie negative Energien Ihrer Umwelt in positive, aufbauende Energie verwandeln können

Jeder kennt das Gefühl: Man betritt einen Raum und fühlt sich sofort unwohl. Man ist mit einem bestimmten Menschen zusammen und fühlt sich danach leer und »ausgepumpt« ...

Woran liegt das?

Wie machen wir es uns bewusst?

Was können wir dagegen tun?

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