



Chronic Disorders and the Family

Froma Walsh, Carol M Anderson

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Here are the most recent developments in clinical research and theory on the role of the family in understanding and treating chronic mental and physical illnesses. Internationally respected scholars and psychotherapists present comprehensive and authoritative information vital to professionals who work with families coping with severe disorders. *Chronic Disorders and the Family* explores how clinicians can become more aware of the common experiences of patients and their families struggling with chronic psychiatric and medical disorders, thus promoting a better understanding of the contribution of family dynamics. With its focus on the interactional nature of psychopathology, this important book encourages psychotherapists to compare and contrast the various treatment perspectives and approaches available. Specific disorders discussed include schizophrenia, clinical depression, borderline disorders, anxiety disorders (particularly agoraphobia), eating disorders, substance abuse, and chronic medical illnesses.

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