



# **Our Lady of Weight Loss: Miraculous and Motivational Musings from the Patron Saint of Permanent Fat Removal**

*Janice Taylor*

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As millions of women can attest, losing weight is hard work, and even the most resolute of dieters often fail. What's missing from nearly every diet program is the support and humor women need to keep on track and lose those pounds for good. Here, *Our Lady of Weight Loss*—the patron saint of fat removal—comes to the rescue with miraculous motivation for all!

In this unique book, Our Lady shares her tried-and-true gospel of weight loss guaranteed to lift readers' spirits and finally make dieting fun. A fat-free, calorie-free, carb-free, guilt-free helping of divine inspiration, *Our Lady of Weight Loss* is the ultimate cheerleader for women everywhere and the best friend who will keep them on course even when the brownies beckon like a siren. With the help of Our Lady readers will:

- Stay inspired with "motivational musings" and tips
- Curb their cravings and keep their creative appetite satisfied with "pious projects"
- Confess their chocolate or french fry transgressions and move on
- Indulge in healthy and simple "righteous recipes"

Part art object, part craft project, part bedside companion, and part cookbook, *Our Lady of Weight Loss* is perfect for any woman following a diet program and still searching for her "thinner core." Quirky and soulful, with gorgeous four-color artwork throughout, this book will keep readers laughing on the rocky road to sveltesville and change their relationship with food forever.

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#### **Claudia Fox:**

A lot of people always spent their own free time to vacation or perhaps go to the outside with them friends and family or their friend. Do you know? Many a lot of people spent many people free time just watching TV, or playing video games all day long. If you would like try to find a new activity here is look different you can read any book. It is really fun for yourself. If you enjoy the book that you just read you can spent 24 hours a day to reading a guide. The book Our Lady of Weight Loss: Miraculous and Motivational Musings from the Patron Saint of Permanent Fat Removal it is very good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. Should you did not have enough space to bring this book you can buy the actual e-book. You can m0ore quickly to read this book through your smart phone. The price is not too expensive but this book possesses high quality.

#### **Beverly Bell:**

Precisely why? Because this Our Lady of Weight Loss: Miraculous and Motivational Musings from the Patron Saint of Permanent Fat Removal is an unordinary book that the inside of the book waiting for you to snap the idea but latter it will zap you with the secret this inside. Reading this book alongside it was fantastic author who write the book in such amazing way makes the content inside of easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you for not hesitating having this ever again or you going to regret it. This amazing book will give you a lot of positive aspects than the other book include such as help improving your ability and your critical thinking means. So , still want to postpone having that book? If I were you I will go to the e-book store hurriedly.

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