



Experiences of Counsellor Training: Challenge, Surprise and Change

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This book is an anthology of narratives about the experience of counsellor education. Writing shortly after completing their training, the contributors describe the challenges and surprises of training, changes they underwent and their achievements. Collectively, the narratives illustrate the richness and diversity of training, and provide a picture of contemporary counsellor education, through the eyes, hearts and minds of trainees.

Written with candour and insight, the narratives confirm that counsellor training often has significant personal and professional consequences in a person's life. The book will be a valuable resource for trainees, to help set their own experience within a wider context, and as a guide on how to survive as a trainee. It will also be of interest to would-be trainees, as preparatory reading, and to trainers as clear evidence of the potential for profound learning and personal change through the process of training.

In the Preface, Professor John McLeod extols the value of narratives in order to understand counsellor education as an individual, social or cultural phenomenon, and as a basis for sound professional advice.

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