



# Back to Joy: Little Reminders to Help Us through Tough Times

*June Cotner*

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## **Back to Joy: Little Reminders to Help Us through Tough Times** June Cotner

*Back to Joy* is the antidote for anyone who has hit a rough patch and found it hard to get back to joyful living. This collection includes inspirational quotes, poetry, and prose from current and modern-day poets for freshness and well-known names for familiarity, such as Confucius, Pablo Picasso, Ralph Waldo Emerson, A.A. Milne, and Eleanor Roosevelt. The motivational messages are gentle reminders that "this too shall pass", and it's time anew to stand on your own two feet.

If you or a friend or loved one are struggling to escape from the school of hard knocks, *Back to Joy* follows the uplifting vein of June Cotner's inspirational books: little ideas to reaffirm to readers that a brighter direction is always possible.

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