



The Best of Ukrainian Cuisine (Hippocrene International Cookbook Series)

Bohdan Zahny

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This compendium of Ukrainian cookery contains more than just your typical babka and borshch--it features more than 200 authentic Ukrainian recipes with the special touch that, until now, only a Ukrainian grandmother could provide. The Best of Ukrainian Cuisine gives away grandmother's trade secrets, enabling cooks to create everything from a simple salad to an entire Ukrainian feast.

Living up to its name, this cookbook offers recipes for Ukrainian favorites, such as kasha (buckwheat groats), potato pancakes, and stuffed cabbage, along with popular contemporary dishes like pike sautéed in sour cream and apple babka. The inventive cooking techniques and wide variety of ingredients found in Ukrainian cuisine provide dishes that are rich in flavor and nutrition, as well as easy to prepare. Includes a complete list of menu items in Ukrainian and English.

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