



Handbook of Adult Psychopathology in Asians: Theory, Diagnosis, and Treatment


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The *Handbook of Adult Psychopathology in Asians* represents a historically remarkable global collaboration among leading experts of psychopathology in Asian adults. Chapters provide critical appraisals of existing research and theory as they relate to issues surrounding the diagnosis, etiology, and treatment of major mental disorders among Asians. This volume covers major Axis I disorders as identified by the Diagnostic Statistical Manual of Mental Disorders, including mood disorders, anxiety disorders, substance use disorders, somatoform disorders, dissociative disorders, eating disorders, sleep disorders, adjustment disorders, and schizophrenia and other psychotic disorders. In addition, the book provides coverage of Axis II personality disorders, including antisocial personality disorder. Complementing these topics are chapters that take a unique look at psychiatric syndromes that have been identified in Asia and at interventions that have been indigenously developed in Asia for treating mental disorders. Additional foundational chapters focus on topics such as the psychology of Asians, assessment and research issues in studying Asians, and future directions for research and policy in studying and treating Asians with mental disorders. With this volume in hand, mental health professionals and researchers around the world now have a single and critical resource that they can use to enhance their efforts in studying and treating Asian adults with mental disorders.

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