



# Stitches in Time: The Story of the Clothes We Wear

*Lucy Adlington*

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## **Stitches in Time: The Story of the Clothes We Wear** Lucy Adlington

Riffling through the wardrobes of years gone by, costume historian Lucy Adlington reveals the rich stories underlying the clothes we wear in this stylish tour of the most important developments in the history of fashion, from ancient times to the present day.

Starting with underwear – did you know Elizabeth I owned just one pair of drawers, worn only after her death? – she moves garment by garment through Western attire, exploring both the items we still wear every day and those that have gone the way of the dodo (sugared petticoats, farthingales and spatterdashers to name but a few).

Beautifully illustrated throughout, and crammed with fascinating and eminently quotable facts, *Stitches in Time* shows how the way we dress is inextricably bound up with considerations of aesthetics, sex, gender, class and lifestyle – and offers us the chance to truly appreciate the extraordinary qualities of these, our most ordinary possessions.

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