



Failure of Success: Redefining what matters

Jennifer Kavanagh

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The concepts of success and failure are embedded in our culture, but how real are they?

From a wide range of answers and her own experience, Jennifer Kavanagh explores some of the stereotypes on which these concepts are based, and reveals what people feel really matters in their lives. There is a growing acceptance that failure can not only lead to success but can open us to profound change. If we let go of the quest for individual perfection, and accept what is, our lives and relationships will be enriched. If we let go of our judgemental behaviour, we will no longer view life in terms of success or failure. If we let go of the need to control our lives, we will let go of goals and expectation. If we let go of our attachment to outcomes, we will be content with where and who we are. We may even go beyond the duality of opposites to an understanding of essential unity.

Putting one foot in front of the other, neither afraid of failure nor triumphant with success. Living, in other words.



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