

Change Your Life with Accelerated Visualisation

Harold Kampf



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Everybody wants to change something about themselves. Perhaps they want to become more successful, likeable, attractive or confident. Anyone can achieve any of these things and more through visualization, but (and this is where most methods fail) visualization is only truly effective if done in Alpha state. Alpha state is the second level of consciousness, where a slower rhythm produces much deeper and more lasting awareness.

I have devised what I know is the ultimate method to achieve Alpha easily and quickly. Please use it for yourself. In Alpha what you can see for yourself is what you will become in reality. With it you can change your life.

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